



Gisborne Giants Football Netball Club

Gisborne Vic 3437



Club Coordinator

Brad Young

brad.cec@icloud.com

Football Coordinator

Marcus Aquilina

marcus_aquilina@bigpond.com

Secretary

Fiona Weir

weirf01@gmail.com

Netball Coordinator

Felicity Kristitz

Felis74@bigpond.com

To:	Football Members
From:	Club Coordinator- Brad Young
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Subject:	Rotation Guideline

Coaches and Club Officials

The aim of this guideline is to provide some clear distinct lines around our club's expectation's in relation to how we monitor our player's involvement during each game and over the season allowing flexibility for our coaches to align players on field.

These guidelines are in line with current RDFNL bylaws Operations Manual and shall be enforced by each of our Coaching volunteers and supported by Club Officials.

Whilst the Giants aim for success on field, our main objectives are continually focused on participation, player satisfaction, encouragement and inclusiveness as a team member.

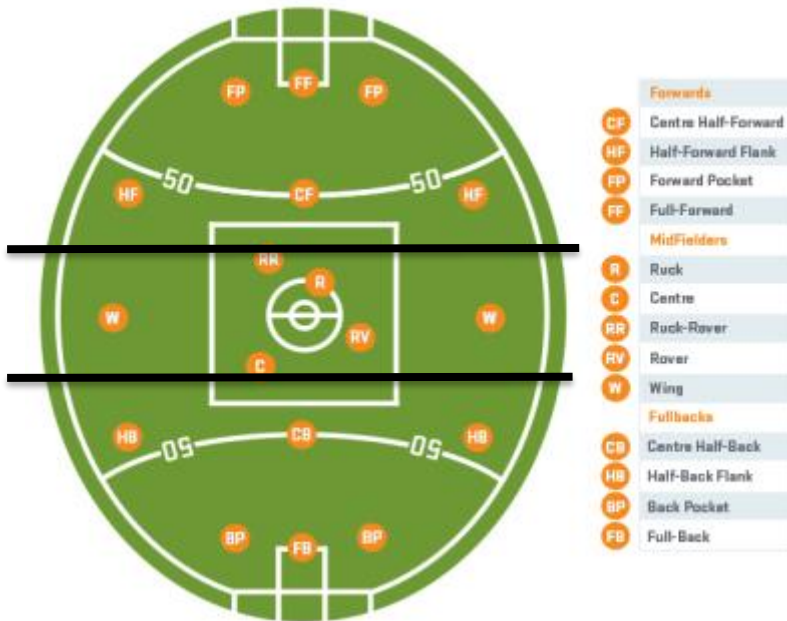
It is our aim to make each player feel part of a team with a strong sense of involvement providing our kids with the strengths that builds resilience and develop life skills beyond their junior involvement.

The Giants will support and further develop individual player's skills and strengths both on game days and during scheduled training sessions.

As per the RDFNL bylaws, best endeavours will be made to ensure even match ups, skill level and size across the ground.



For the purpose of understanding the policy the ground is divided into three zones with 6 players in each.



Under 10s,

Each player will,

- play across each zone of the ground every week.
- play equal game time over a 4week period (*see note 2*).
- change position on field every quarter.
- play a minimum of 3 quarters each game they represent and is not retrospective nor cumulative.

In age groups beyond under 10s, it can be more damaging for an individual's self-confidence to position them in certain key positions on the field where they may feel inferior and ultimately witness a sense of failure as they can feel they have let the team down.

E.g. *smaller body player positioned in the Ruck contest,*
Less mobile player requested to go on the Ball (centre)

Under 12s,

Each player will,

- play across each zone of the ground over a 4week period.
- play equal game time over a 4week period (*see note 2*).
- change position on field every quarter except for designated Ruck Positions or those physically suitable for that role.
- play a minimum of 2 quarters each game they represent and is not retrospective nor cumulative.
- be given opportunities to play specific key positions to further enhance their skills as they develop throughout the season.



Under 14s & 16s,

Each player will,

- play equal game time over a 4week period (*see note 2*).
- play a minimum of 2 quarters each game they represent and is not retrospective nor cumulative.
- be given opportunities to play specific positions to further enhance their skills as they develop throughout the season/s.

Note:

1. Player positions and rotations do not apply during the finals series.
2. Best endeavours will be made to ensure equal game time over a 4week period over the season however this is not always possible to achieve due to injuries and absenteeism.

2016 RDFNL Operations Manual extract.

Eighteen-a-side means: 6 forwards, 6 midfielders, 6 backs + reserves

Interchange may take place at any time, but all players must play at least half of the match.

Equalise the teams and opponents as much as possible (match sizes, abilities)

Rotate players every quarter to provide opportunities in several positions.

Brad Young



On behalf of the Giants Football Netball Club.